

# Strong Interest Inventory®

## Profile with College Profile & Skills Confidence Inventory Profile

College Profile developed by Jeffrey P. Prince SCI Profile developed by Nancy E. Betz, Fred H. Borgen, and Lenore W. Harmon

## Report prepared for JANE SAMPLE

Date taken March 22, 2012

> Interpreted by Joseph Advisor SC Sample College



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## HOW THE STRONG CAN HELP YOU

The *Strong Interest Inventory*<sup>®</sup> instrument is a powerful tool that can help you make satisfying decisions about your career and education. Whether you are just starting out in your career, thinking about a change, or considering education options for career preparation, you can benefit from the wealth of information reflected in your *Strong* results. Understanding your *Strong* Profile can help you identify a career focus and begin your career planning and exploration process.

Keep in mind that the *Strong* measures interests, not skills or abilities, and that the results can help guide you toward rewarding careers, work activities, education programs, and leisure activities—all based on your interests. As you review your Profile, remember that managing your career is not a one-time decision but a series of decisions made over your lifetime.

### **HOW YOU WILL BENEFIT**

The *Strong* can be a valuable tool in helping you identify your interests, enabling you to

- Achieve satisfaction in your work
- Identify career options consistent with your interests
- Choose appropriate education and training relevant to your interests
- Maintain balance between your work and leisure activities
- Understand aspects of your personality most closely associated with your interests
- · Determine your preferred learning environments
- Learn about your preferences for leadership, risk taking, and teamwork
- · Use interests in shaping your career direction
- Decide on a focus for the future
- Direct your own career exploration at various stages in your life

### HOW YOUR RESULTS ARE ORGANIZED

### **Section 1. General Occupational Themes**

Describes your interests, work activities, potential skills, and personal values in six broad areas: Realistic (R), Investigative (I), Artistic (A), Social (S), Enterprising (E), and Conventional (C).

### **Section 2. Basic Interest Scales**

Identifies specific interest areas within the six General Occupational Themes, indicating areas likely to be most motivating and rewarding for you.

### **Section 3. Occupational Scales**

Compares your likes and dislikes with those of people who are satisfied working in various occupations, indicating your likely compatibility of interests.

### **Section 4. Personal Style Scales**

Describes preferences related to work style, learning, leadership, risk taking, and teamwork, providing insight into work and education environments most likely to fit you best.

### **Section 5. Profile Summary**

Provides a graphic snapshot of Profile results for immediate, easy reference.

### **Section 6. Response Summary**

Summarizes your responses within each category of *Strong* items, providing data useful to your career professional.

Note to professional: Check the Response Summary in section 6 of the Profile before beginning your interpretation.

## **GENERAL OCCUPATIONAL THEMES**

The General Occupational Themes (GOTs) measure six broad interest patterns that can be used to describe your work personality. Most people's interests are reflected by two or three Themes, combined to form a cluster of interests. Work activities, potential skills, and values can also be classified into these six Themes. This provides a direct link between your interests and the career and education possibilities likely to be most meaningful to you.

Your *standard scores* are based on the average scores of a combined group of working adults. However, because research shows that men and women tend to respond differently in these areas, your *interest levels* (Very Little, Little, Moderate, High, Very High) were determined by comparing your scores against the average scores for your gender.

### THEME DESCRIPTIONS

THEME	CODE	INTERESTS	WORK ACTIVITIES	POTENTIAL SKILLS	VALUES
Social	S	People, teamwork, helping, community service	Teaching, caring for people, counseling, training employees	People skills, verbal ability, listening, showing understanding	Cooperation, generosity, service to others
Artistic	А	Self-expression, art appreciation, communication, culture	Composing music, performing, writing, creating visual art	Creativity, musical ability, artistic expression	Beauty, originality, independence, imagination
Enterprising	Е	Business, politics, leadership, entrepreneurship	Selling, managing, persuading, marketing	Verbal ability, ability to motivate and direct others	Risk taking, status, competition, influence
Conventional	С	Organization, data management, accounting, investing, information systems	Setting up procedures and systems, organizing, keeping records, developing computer applications	Ability to work with numbers, data analysis, finances, attention to detail	Accuracy, stability, efficiency
Investigative	1	Science, medicine, mathematics, research	Performing lab work, solving abstract problems, conducting research	Mathematical ability, researching, writing, analyzing	Independence, curiosity, learning
Realistic	R	Machines, computer networks, athletics, working outdoors	Operating equipment, using tools, building, repairing, providing security	Mechanical ingenuity and dexterity, physical coordination	Tradition, practicality, common sense

 YOUR HIGHEST THEMES	YOUR THEME CODE
 Social, Artistic	SA

THEME	CODE	STANDARD SCORE & INTEREST LEVEL					
TILIVIL	CODL	30	40	50	60	70	STD SCORE
Social	S				HIGH		62
Artistic	Α		MODERATE				45
Enterprising	E		LITTLE				41
Conventional	С		LITTLE				40
Investigative	1	VERY LITTLE					34
Realistic	R	VERY LITTLE					32

The charts above display your GOT results in descending order, from your highest to least level of interest. Referring to the Theme descriptions provided, determine how well your results fit for you. Do your highest Themes ring true? Look at your next highest level of interest and ask yourself the same question. You may wish to highlight the Theme descriptions above that seem to fit you best.

### Strong Interest Inventory® Profile

## **BASIC INTEREST SCALES**

### **SECTION 2**

The Basic Interest Scales represent specific interest areas that often point to work activities, projects, course work, and leisure activities that are personally motivating and rewarding. As with the General Occupational Themes, your interest levels (Very Little, Little, Moderate, High, Very High) were determined by comparing your scores against the average scores for your gender.

As you review your results in the charts below, note your top interest areas and your areas of least interest, and think about how they relate to your work, educational, and leisure activities. Take time to consider any top interest areas that are not currently part of your work or lifestyle and think about how you might be able to incorporate them into your plans.

### YOUR TOP FIVE INTEREST AREAS

- 1. Religion & Spirituality (S)
- 2. Counseling & Helping (S)
- 3. Teaching & Education (S)
- 4. Writing & Mass Communication (A)
- 5. Politics & Public Speaking (E)

### SOCIAL — High

BASIC INTEREST SCALE	<b>STI</b> 30	O SCORE	& INTERE 50	<b>ST LEVE</b> 60	L 70	STD SCORE
Religion & Spirituality				VH		67
Counseling & Helping				VH		66
Teaching & Education				н		65
Human Resources & Training			М			56
Social Sciences			м			51
Healthcare Services	VL					35

### ARTISTIC — Moderate

BASIC INTEREST SCALE	<b>S</b> 1 30	TD SCORE 8 40	<b>3 INTE</b> 50	REST LEV 60	/ <b>EL</b> 70	STD SCORE
Writing & Mass Communication				н		63
Culinary Arts				м		59
Performing Arts		М	I			47
Visual Arts & Design	VL					32

### ENTERPRISING — Little

BASIC INTEREST SCALE	STD SCORE & INTEREST LEVEL	STD SCORE
Politics & Public Speaking	30 40 50 60 70 H	58
Management	M	50
Marketing & Advertising		40
Sales	VL	36
Law	VL	34
Entrepreneurship	VL	32

### Areas of Least Interest

Programming & Information Systems (C) Protective Services (R) Visual Arts & Design (A)

### **CONVENTIONAL** — Little

BASIC INTEREST SCALE	<b>STE</b> 30	STD SCORE				
	30	40	50	60	70	
Office Management			М			53
Finance & Investing	VL					36
Taxes & Accounting	VL					33
Dreamming & Information Systems						
Programming & Information Systems	VL					31

### **INVESTIGATIVE** — Very Little

BASIC INTEREST SCALE	<b>ST</b> 30	D SCORE	E & INTE 50	REST LEV 60	<b>VEL</b> 70	STD SCORE
Research		L				39
Mathematics		L				37
Science	VL					35
Medical Science	VL	-				35

### **REALISTIC** — Very Little

BASIC INTEREST SCALE	ST	STD				
	30	40	50	60	70	SCORE
Nature & Agriculture		L				41
Athletics						37
Military	VL					36
Computer Hardware & Electronics	VL					33
Mechanics & Construction	VL					32
Protective Services	VL					31

### Strong Interest Inventory® Profile

## **OCCUPATIONAL SCALES**

### **SECTION 3**

This section highlights your Profile results on the Occupational Scales of the *Strong*. On the following pages you will find your scores for 130 occupations. The 10 occupations most closely aligned with your interests are listed in the summary chart below. Keep in mind that the occupations listed in your Profile results are just *some* of the many occupations linked to your interests that you might want to consider. They do not indicate those you "should" pursue. It is helpful to think of each occupation as a single example of a much larger group of occupational titles to consider.

Your score on an Occupational Scale shows how similar your interests are to those of people of your gender who have been working in, and are satisfied with, that occupation. The higher your score, the more likes and dislikes you share with those individuals. The Theme codes associated with each occupation indicate the GOTs most commonly found among people employed in that occupation. You can review your top occupations to see what Theme codes recur and then explore additional occupational titles not included on the *Strong* that have one or more of these Theme letters in common.

### YOUR TOP TEN STRONG OCCUPATIONS

- Speech Pathologist (SA)
   Librarian (A)
   Mental Health Counselor (S)
   Special Education Teacher (S)
   Elementary School Teacher (S)
   Social Worker (SA)
- 7. Public Relations Director (AE)
- 8. School Counselor (SE)
- 9. English Teacher (ASE)
- 10. Secondary School Teacher (S)

### Occupations of Dissimilar Interest

Architect (ARI) Athletic Trainer (RIS) Physicist (IRA) Veterinarian (IRA) Medical Illustrator (AIR)

As you read through your Occupational Scales results on this and the following pages, note the names of those occupations for which you scored "Similar." Those are the occupations you might want to explore first. Also consider exploring occupations on which you scored in the midrange, since you have some likes and dislikes in common with people in those occupations. You might also consider occupations of least interest or for which you scored "Dissimilar"; however, keep in mind that you are likely to have little in common with people in these types of work and probably would contribute to such occupations in a unique way. Your career professional can guide you further in the career exploration process.

Click the name of any of the occupations in your top ten list above to visit the O\*NET<sup>™</sup> database (http://www.onetonline.org) and see a summary description of that occupation. Learn about occupations by visiting reputable Web sites such as O\*NET. You can also find career information in a public library, in the career library of a college or university near you, or in a professional career center or state or local government job agency. Supplement your research by talking to people who are working in the occupations you are considering. These people can describe their day-to-day work and tell you what they like and dislike about the occupation.

### **SECTION 3**

## OCCUPATIONAL SCALES

### SOCIAL — Helping, Instructing, Caregiving

THEME Code	OCCUPATIONAL SCALE	<b>DISSIMILAR</b> 10 15 20	<b>MIDRANGE</b> 30 40	<b>SIMILAR</b> 50 55 60	STD Score
SA	Speech Pathologist				62
S	Mental Health Counselor				59
S	Special Education Teacher	)			59
S	Elementary School Teacher				58
SA	Social Worker				58
SE	School Counselor				57
S	Secondary School Teacher				55
S	Career Counselor				54
SE	Community Service Director				54
S	Instructional Coordinator				53
S	Middle School Teacher				53
SA	University Administrator				53
SEA	School Administrator				47
SEA	Human Resources Manager				46
SAE	Training & Development Specialist	]			46
SC	Customer Service Representative			I	45
SA	Rehabilitation Counselor			I	45
S	Religious/Spiritual Leader				43
SAI	University Faculty Member				43
SEA	Bartender				42
SAE	Human Resources Specialist				42
SE	Parks & Recreation Manager				40
SCE	Loan Officer/Counselor				38
SA	Recreation Therapist				35
SAC	Management Analyst				34
SAR	Occupational Therapist				34
SE	Personal Financial Advisor				34
SI	Registered Nurse				22
SIR	Physical Therapist				3

Similar results (40 and above)

You share interests with women in that occupation and probably would enjoy the work.

### Midrange results (30-39)

You share some interests with women in that occupation and probably would enjoy some of the work.

Dissimilar results (29 and below)

You share few interests with women in that occupation and probably would not enjoy the work.

> For more information about any of these occupations, visit O\*NET<sup>™</sup> online at http://www.onetonline.org

## ARTISTIC — Creating or Enjoying Art, Drama, Music, Writing

THEME Code	OCCUPATIONAL SCALE	<b>DISSIMILAR</b> 10 15 20	<b>MIDRANGE</b> 30 40	<b>SIMILAR</b> 50 55 60	STD SCORE
А	Librarian				59
AE	Public Relations Director				57
ASE	English Teacher				56
AE	Broadcast Journalist				54
AE	Advertising Account Manager				50
А	Translator				50
А	Reporter				45
ASE	Attorney				42
А	Arts/Entertainment Manager				39
ASI	ESL Instructor				38
ARE	Photographer				37
А	Editor				35
AIR	Technical Writer				32
AER	Public Administrator				31
AR	Artist				30
AI	Urban & Regional Planner				27
А	Musician				26
ASE	Art Teacher				20
ACI	Computer/Mathematics Manager				19
А	Graphic Designer				8
AIR	Medical Illustrator	j l			-4
ARI	Architect	)			-20

### **SECTION 3**

## OCCUPATIONAL SCALES

### ENTERPRISING — Selling, Managing, Persuading

THEME Code	OCCUPATIONAL SCALE	<b>DISSIMILAR</b> 10 15 20	<b>MIDRANGE</b> 30 40	<b>SIMILAR</b> 50 55 60	STD SCORE
ECS	Facilities Manager				46
EAS	Elected Public Official				45
Е	Life Insurance Agent				45
EC	Buyer				43
EAS	Marketing Manager				42
ESA	Operations Manager				38
Е	Top Executive, Business/Finance				36
ERA	Chef				33
EAC	Florist				32
ECR	Purchasing Agent				32
ECR	Restaurant Manager				30
Е	Technical Sales Representative				30
Е	Realtor				29
Е	Wholesale Sales Representative				29
EC	Cosmetologist				26
EAS	Flight Attendant				23
Е	Sales Manager				23
E	Securities Sales Agent				22
EA	Interior Designer				13
ECR	Optician				9

Similar results (40 and above)

You share interests with women in that occupation and probably would enjoy the work.

### Midrange results (30–39)

You share some interests with women in that occupation and probably would enjoy some of the work.

Dissimilar results (29 and below) You share few interests with women in the tageneration and any bable.

in that occupation and probably would not enjoy the work.

For more information about any of these occupations, visit O\*NET<sup>™</sup> online at http://www.onetonline.org

### **CONVENTIONAL** — Accounting, Organizing, Processing Data

THEME Code	OCCUPATIONAL SCALE	<b>DISSIMILAR</b> 10 15 20	<b>MIDRANGE</b> 30 40	<b>SIMILAR</b> 50 55 60	STD SCORE
CS	Administrative Assistant				53
CES	Food Service Manager				50
CES	Nursing Home Administrator				50
CES	Business Education Teacher				48
CE	Paralegal				48
CES	Production Worker				44
CE	Credit Manager				43
CSE	Business/Finance Supervisor				41
CSE	Farmer/Rancher				36
CS	Auditor				34
CE	Financial Analyst				33
С	Health Information Specialist				33
С	Technical Support Specialist				28
CRE	Military Enlisted				25
CI	Computer Programmer				24
С	Accountant				23
CSE	Financial Manager				23
CIR	Network Administrator				21
С	Computer & IS Manager				20
CI	Software Developer				19
С	Computer Systems Analyst				15
CIR	Mathematics Teacher				12
CI	Actuary	<b>i</b>			7

### **SECTION 3**

## OCCUPATIONAL SCALES

### INVESTIGATIVE — Researching, Analyzing, Inquiring

THEME Code	OCCUPATIONAL SCALE	<b>DISSIMILAR</b> 10 15 20	<b>MIDRANGE</b> 30 40	<b>SIMILAR</b> 50 55 60	STD Score
IAS	Psychologist				35
IAR	Sociologist				27
IES	Dietitian				24
IA	Geographer				23
Ι	Engineer				19
IAR	Physician				19
IRA	Chiropractor				14
IRA	Geologist				11
IRC	Medical Technologist				11
IR	Optometrist				10
IRS	Science Teacher				9
IRA	Biologist				8
IR	Chemist				7
IRA	Respiratory Therapist				5
IRC	Medical Technician				4
ICR	Pharmacist				4
IRC	Computer Scientist				2
IRC	Mathematician				2
IR	R&D Manager	1			1
IRA	Dentist	1			-4
IRA	Veterinarian				-7
IRA	Physicist				-12

Similar results (40 and above)

You share interests with women in that occupation and probably would enjoy the work.

### Midrange results (30–39)

You share some interests with women in that occupation and probably would enjoy some of the work.

**Dissimilar results (29 and below)** You share few interests with women in that occupation and probably would not enjoy the work.

> For more information about any of these occupations, visit 0\*NET<sup>™</sup> online at http://www.onetonline.org

### **REALISTIC** — Building, Repairing, Working Outdoors

THEME Code	OCCUPATIONAL SCALE	<b>DISSIMILAR</b> 10 15 20	<b>MIDRANGE</b> 30 40	<b>SIMILAR</b> 50 55 60	STD SCORE
RE	Law Enforcement Officer				28
RC	Landscape/Grounds Manager				22
REI	Military Officer				22
REI	Horticulturist				21
RIC	Engineering Technician				19
RSI	Vocational Agriculture Teacher				18
RI	Forester				15
RCI	Emergency Medical Technician				12
RIS	Radiologic Technologist				11
RIA	Carpenter				10
R	Automobile Mechanic				4
RIA	Electrician				3
RIS	Firefighter	1			1
RIS	Athletic Trainer				-18

## PERSONAL STYLE SCALES

The Personal Style Scales describe different ways of approaching people, learning, and leading, as well as your interest in taking risks and participating in teams. Personal Style Scales help you think about your preferences for factors that can be important in your career, enabling you to narrow your choices more effectively and examine your opportunities. Each scale includes descriptions at both ends of the continuum, and the score indicates your preference for one style versus the other.

Your scores on the Personal Style Scales were determined by comparing your responses to those of a combined group of working men and women.

MIDBANGE

CLEAF

CIFAR

### YOUR PERSONAL STYLE SCALES PREFERENCES

- 1. You likely prefer working with people.
- 2. You seem to prefer to learn through lectures and books.
- 3. You probably prefer to lead by taking charge.
- 4. You may dislike taking risks.
- 5. You probably enjoy both team roles and independent roles.

**Clear Scores** (**Below 46 and above 54**) You indicated a clear preference for one style versus the other.

#### Midrange Scores (46–54)

You indicated that some of the descriptors on both sides apply to you.

PERSONAL STYLE SCALE		25	CLEAR 35	45	55	CLEAR 65 75		STD SCOR
Work Style	Prefers working alone; enjoys data, ideas, or things; reserved					•	Prefers working with people; enjoys helping others; outgoing	73
Learning Environment	Prefers practical learning environments; learns by doing; prefers short-term training to achieve a specific goal or skill				•		Prefers academic environments; learns through lectures and books; willing to spend many years in school; seeks knowledge for its own sake	62
Leadership Style	Is not comfortable taking charge of others; prefers to do the job rather than direct others; may lead by example rather than by giving directions				•		Is comfortable taking charge of and motivating others; prefers directing others to doing the job alone; enjoys initiating action; expresses opinions easily	58
Risk Taking	Dislikes risk taking; likes quiet activities; prefers to play it safe; makes careful decisions		•				Likes risk taking; appreciates original ideas; enjoys thrilling activities and taking chances; makes quick decisions	30
Team Orientation	Prefers accomplishing tasks independently; enjoys role as independent contributor; likes to solve problems on one's own			•			Prefers working on teams; enjoys collaborating on team goals; likes problem solving with others	48

### **PROFILE SUMMARY**

### YOUR HIGHEST THEMES

Social, Artistic

### YOUR TOP FIVE INTEREST AREAS

- 1. Religion & Spirituality (S)
- 2. Counseling & Helping (S)
- 3. Teaching & Education (S)
- 4. Writing & Mass Communication (A)
- 5. Politics & Public Speaking (E)

### YOUR TOP TEN STRONG OCCUPATIONS

- 1. Speech Pathologist (SA)
- 2. Librarian (A)
- 3. Mental Health Counselor (S)
- 4. Special Education Teacher (S)
- 5. Elementary School Teacher (S)
- 6. Social Worker (SA)
- 7. Public Relations Director (AE)
- 8. School Counselor (SE)
- 9. English Teacher (ASE)
- 10. Secondary School Teacher (S)

### YOUR PERSONAL STYLE SCALES PREFERENCES

1. You likely prefer working with people.

- 2. You seem to prefer to learn through lectures and books.
- 3. You probably prefer to lead by taking charge.
- 4. You may dislike taking risks.
- 5. You probably enjoy both team roles and independent roles.

### **RESPONSE SUMMARY**

This section provides a summary of your responses to the different sections of the inventory for use by your career professional.

ITEM RESPONSE PERCENTAGES					
Section Title	Strongly Like	Like	Indifferent	Dislike	Strongly Dislike
Occupations	4	21	3	2	71
Subject Areas	11	15	13	7	54
Activities	2	36	7	4	51
Leisure Activities	52	11	11	4	22
People	13	25	44	6	13
Your Characteristics	33	44	0	11	11
TOTAL PERCENTAGE	10	24	9	4	53

Items omitted: 1

Note: Due to rounding, total percentage may not add up to 100%.

Total possible responses: 291 Your response total: 290

Typicality index: 21—Combination of item responses appears consistent.



### YOUR THEME CODE

SA

### **Areas of Least Interest**

Programming & Information Systems (C) Protective Services (R) Visual Arts & Design (A)

#### Occupations of Dissimilar Interest

Architect (ARI) Athletic Trainer (RIS) Physicist (IRA) Veterinarian (IRA) Medical Illustrator (AIR)



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### **SECTION 5**

**SECTION 6** 



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YOUR HIGHEST THEMES	YOUR THEME CODE
Social, Artistic	SA
h	

To encourage exploration of your interests, your top *three* Themes are listed below in order of interest. Each Theme describes an important aspect of your interests and personality. Use all three Themes to identify college courses and academic majors that allow you to express what is important to you. The majors listed within each Theme are examples of some of the many related academic areas worth exploring.

## **CONSIDERING THEMES OF GREATEST INTEREST TO YOU**

### Social (S)

### **EMPATHIC HELPERS**

Social students prefer to take a helping or altruistic approach involving teaching, developing, or caring for others.

TYPICAL COLLEGE MAJORS				
Child Development	Ethnic Studies	Nursing	Secondary Education	
Counseling	Family Studies	Occupational Therapy	Social Work	
Criminology	Health Education	Physical Education	Special Education	
Dietetics/Nutrition	Hearing and Speech	Public Health	Substance Abuse Counseling	
Elementary Education	Home Economics	Recreation	Urban Studies	
ESL Teaching	Human Services	Religious Studies	Women's Studies	

### Artistic (A) CREATIVE COMMUNICATORS

Artistic students prefer to take a self-expressive or creative approach involving art/design, music, or writing.

TYPICAL COLLEGE MAJORS				
Advertising	Classics	Fashion Merchandising	Mass Communication	
Architecture	Comparative Literature	Fine Arts	Medical Illustration	
Art Education	Creative Writing	Foreign Languages	Music Education	
Art History	Dance	Humanities	Philosophy	
Broadcasting	Design	Journalism	Photography	
Cinematography	English	Linguistics	Theater Arts	

### Enterprising (E) ACTIVE PERSUADERS

Enterprising students prefer to influence or lead others through selling the merits of ideas or products.

TYPICAL COLLEGE MAJORS			
<b>Business Administration</b>	Hospitality	Management	Public Administration
Business Education	Hotel Management	Marketing	Public Relations
Consumer Economics	Human Resources	Organizational Leadership	Real Estate
Finance	Insurance	Personnel and Labor Relations	Restaurant Management
Government	International Business	Political Science	Retail Merchandising
History	International Relations	Pre-Law	Travel and Tourism

## **USING YOUR BASIC INTEREST SCALES**

These scales indicate interests that are important to your overall lifestyle, both in school and out of school.

Use your strongest basic interests to explore college courses, extracurricular activities, internships, and part-time jobs. You show the greatest interest in the five areas outlined below (arranged in descending order of interest).

### **RELIGION & SPIRITUALITY — Very High**

Ministering to others' spiritual or religious needs

CAMPUS ORGANIZATIONS/ACTIVITIES	INTERNSHIPS/JOB SETTINGS	COLLEGE COURSES
Community Service Group	Campus Ministry	Counseling
Peer Counseling	Hospice Care	Philosophy
Religious Group	Nonprofit Agency	Religious Studies

### COUNSELING & HELPING — Very High

Working with and helping people in humanistic and altruistic ways

CAMPUS ORGANIZATIONS/ACTIVITIES	INTERNSHIPS/JOB SETTINGS	COLLEGE COURSES
Community Service Volunteer Work	Mental Health Clinic	Psychology
Peer Counseling	Nonprofit Organization	Social Work
Student Service Groups	Social Service Agency	Sociology

### **TEACHING & EDUCATION — High**

Teaching young people in classroom settings

CAMPUS ORGANIZATIONS/ACTIVITIES	INTERNSHIPS/JOB SETTINGS	COLLEGE COURSES
Recreation Leader	Campus Outreach Program	Education
Teaching Assistant	Community School System	Human Development
Tutoring	Study Abroad Program	Psychology

### WRITING & MASS COMMUNICATION — High

Using language and literature to communicate

CAMPUS ORGANIZATIONS/ACTIVITIES	INTERNSHIPS/JOB SETTINGS	COLLEGE COURSES		
Campus Radio and TV	Advertising Agency	Communication		
Foreign Language Club	Book Publishing Company	English		
Student Publication	Newspaper/Magazine	Journalism		

### POLITICS & PUBLIC SPEAKING — High

Persuading and influencing others verbally

CAMPUS ORGANIZATIONS/ACTIVITIES	INTERNSHIPS/JOB SETTINGS	COLLEGE COURSES	
College Political Group	Government	Mass Communication	
Debate Team	Legislative Intern	Political Science	
Student Government	Political Campaign	Speech/Rhetoric	

## **USING YOUR OCCUPATIONAL SCALES**

These scales identify jobs held by people with whom you share common interests, arranged in order of similarity of interests. Some occupations require specific training; however, many do not require a particular college major. Explore classes relevant to these occupations and consider related careers as well.

### YOUR TOP STRONG OCCUPATIONS

OCCUPATIONAL SCALE	THEME CODE	EDUCATIONAL PREPARATION	COLLEGE COURSES	RELATED CAREERS
Speech Pathologist	SA	MA or PhD in speech pathology	Chemistry Biological Sciences Anatomy	Rehabilitation Counselor Hearing Technician Occupational Therapist
Librarian	Α	Master's degree in library science (MLS)	Information Science Education Foreign Languages	Archivist Curator Computer Scientist
Mental Health Counselor	S	MA, plus certification or licensure	Psychology Sociology Human Development	Health Educator Substance Abuse Counselor Marriage and Family Therapist
Special Education Teacher	S	BA or MA, plus teaching certificate	Education Child Development Psychology	Child Counselor Recreation Therapist Occupational Therapist
Elementary School Teacher	S	BA or MA, plus teaching certificate	Education Child Development Communication	Preschool Teacher Child Counselor Reading Specialist
Social Worker	ial Worker SA		Psychology Sociology Social Sciences	Community Organizer Clergy Marriage Counselor
Public Relations Director	c Relations Director AE		Journalism Communication Business Management	Lobbyist Fundraiser Marketing Executive
School Counselor	SE	MA in counseling or education	Child Development Psychology Education	Psychologist Career Counselor Social Worker
English Teacher	ASE	BA or MA in liberal arts, plus teaching certificate	English Communication Education	Drama Teacher Writer Copywriter
Secondary School Teacher S BA or MA, plus teaching certificate or licensure		Education Communication Classes in subject area to be taught	Guidance Counselor Educational Administrator College Instructor	

## **USING YOUR PERSONAL STYLE SCALES**

Next, use your Personal Style Scales to identify the specific ways you prefer to approach whatever academic courses, majors, or jobs you undertake.

PERSONAL STYLE SCALE	PREFERENCES/ACTIVITIES			
Work Style	<ul> <li>Your score suggests a preference for working closely or frequently with people rather than working alone.</li> <li>You may prefer academic activities that focus on interpersonal interactions, such as study groups, group assignments, and helping others, rather than studying and researching on your own.</li> </ul>			
Learning Environment	<ul> <li>Your score suggests you enjoy the traditional student role and learning for the sake of learni</li> <li>You may prefer classroom lectures, theoretical readings, and library research to practical hands-on training or work-study programs.</li> </ul>			
Leadership Style	<ul> <li>Your score suggests a preference for taking charge through meeting, persuading, and directing others.</li> <li>You may enjoy leading a student organization, coordinating campus events, or facilitating classroom discussions.</li> </ul>			
Risk Taking	<ul> <li>Your score suggests a preference for careful consideration before acting or deciding.</li> <li>You may prefer academic work that involves research, reading, and "how-to" workshops rather than assignments that require approaching new things spontaneously or quickly.</li> </ul>			
Team Orientation	<ul> <li>Your score suggests a preference for a mix of academic activities depending on the circumstances.</li> <li>You may enjoy a range of work, from independent assignments that require you to solve problems on your own to collaborative team projects.</li> </ul>			

See Applying Your Strong Results to College Majors at https://www.skillsone.com/Pdfs/Strong\_College\_Majors.pdf for guidance about researching and deciding on an academic major.



## LEVELS OF SKILLS CONFIDENCE BY THEME

Your *Skills Confidence Inventory* results describe how you perceive your own capabilities in performing activities related to the same six broad areas represented by the General Occupational Themes. Keep in mind that these results may not reflect your actual abilities; the results reflect how you rate yourself. Your own rating may influence what kinds of activities you try or avoid and may determine what occupations or educational programs you consider as possibilities for exploration.

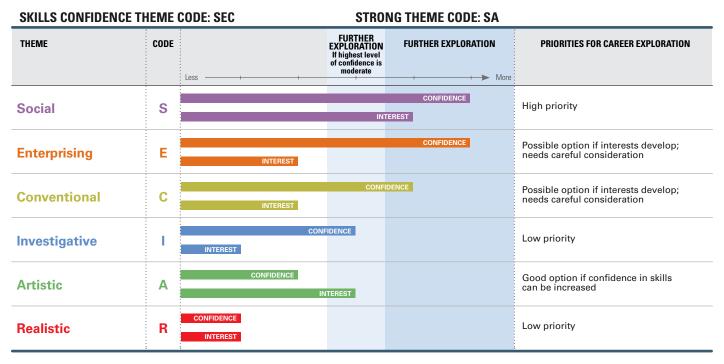
Your confidence in each of the six areas is shown below. Additionally, you will see a Skills Confidence Theme code, which summarizes the areas in which you feel most confident performing particular activities.

### **SKILLS CONFIDENCE THEME CODE: SEC**

тнеме	CODE	<b>CO</b> 1	2 2	<b>IE &amp; LEVEL</b> 3	4 5	SCORE (1–5)	TYPICAL SKILL AREAS
Social	S				VERY HIGH	5	Education, counseling, social service
Enterprising	E				VERY HIGH	4.8	Sales, speaking, management
Conventional	С			HIGH		3.5	Finance, computers, organization
Investigative	I		MODERA	TE		3.2	Research, math, science
Artistic	Α		LITTLE			2.4	Creative expression, music, design
Realistic	R	VERY LITTLE				1.7	Outdoor work, construction, repair

## COMPARISON OF LEVELS OF SKILLS CONFIDENCE AND INTEREST

The chart below compares your skills confidence levels with your interest levels as measured by the *Strong*. Your Skills Confidence Theme code is shown above the chart, as is your *Strong* Theme code. Use this comparison of confidence and interest to help you select Themes you'd like to explore further to find satisfying career, educational, and leisure options.



Total responses out of 60: 60

See Understanding Your Results on the Skills Confidence Inventory at https://www.skillsone.com/Pdfs/SCI\_Understanding.pdf for ideas on using skills confidence information in career exploration.

